



**Guided Personal Spiritual Retreat**  
**John Parrish**  
**May 4-7, 2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<i>Training Center Opens: 7:30 a.m.</i>	<i>Training Center Opens: 7:30 a.m.</i>	<i>Training Center Opens: 7:30 a.m.</i>
	Morning Quiet Time	Morning Quiet Time	Morning Quiet Time
	<b>Breakfast **</b> 8:00-9:00	<b>Breakfast **</b> 8:00-9:00	<b>Breakfast **</b> 8:00-9:00
	9:00-11:00 * <b>Session 2</b>	9:00-11:00 * <b>Session 4</b>	Inn Check-Out by 9:30 a.m.
	11:00-12:30 <b>Personal Time With God</b>	11:00-12:30 <b>Personal Time With God</b>	9:30-11:00 * <b>Session 6</b>
	11:00-12:30 <b>Optional Coaching Sessions</b> (Sign up at Training Center Front Desk)	11:00-12:30 <b>Optional Coaching Sessions</b> (Sign up at Training Center Front Desk)	<b>“Stay Over (SO)” Participant Schedule</b>
	<b>Lunch **</b> 12:30-1:30	<b>Lunch **</b> 12:30-1:30	11:30-6:00 <b>SO Personal Time With God</b>
3:00-4:45 <b>Registration</b>	1:30-6:00 <b>Personal Time With God</b>	1:30-6:00 <b>Personal Time With God</b>	<b>SO Lunch **</b> 12:30-1:30
4:45-6:00 * <b>Session 1</b>	1:30-5:15 <b>Optional Coaching Sessions</b> (Sign up at Training Center Front Desk)	1:30-5:15 <b>Optional Coaching Sessions</b> (Sign up at Training Center Front Desk)	<b>SO Dinner and Devotional **</b> 6:00-7:00
<b>Dinner **</b> 6:00-7:00	<b>Dinner **</b> 6:00-7:00	<b>Dinner **</b> 6:00-7:00	<b>FRIDAY</b>
7:05-8:05 * <b>Session 1 Continued</b>	7:05-9:05 * <b>Session 3</b>	7:05-9:05 * <b>Session 5</b>	<b>SO Breakfast **</b> 8:00-9:00
<b>Evening Refreshments &amp; Fellowship Time</b> (Training Center Lobby)	<b>Evening Refreshments &amp; Fellowship Time</b> (Fire Pit)	<b>Evening Refreshments &amp; Fellowship Time</b> (Training Center Lobby)	Inn Check-Out by 10:00 a.m.

\*All sessions held in Room 101 of the Training Center\*  
\*\*All meals are served in the Training Center Dining Room\*\*